

# The Not So Bad Very Good Day

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# Gratitude

focusing on the good in our lives by being thankful  
and appreciative in all situations



Benji arrives home from school after a long and tiring day.



"Hi mum". He says in a disappointed voice.

"Hey Benji!" His mum replies.  
"What's the matter? You don't seem very happy today."



"Oh mum, it's been the worst day ever!"  
Benji exclaims

"It surely can't have been that bad. Tell me  
all about it." His mum comforts him as he  
starts to tell her about his day.



"Well, first I was running late and I missed the school bus!"



"Oh No!" said his mum. "At least we don't live too far away from school."



"And then as I was walking to school it started pouring with rain!"





"Awh that's not very fun but luckily I packed your umbrella for you so you didn't get wet."



"But then I arrived at school and my best friend Penny the Penguin wasn't there!"



"I know you love playing with Penny, but it's great you also have many other friends who you got to play with instead!"

"Yeah I guess so." Says Benji



"Then, at school we were doing writing, and I couldn't find my favourite pen!"



"That's a shame that you lost it but you're very lucky that you have lots of other pens and pencils to write and colour with." Says his mum.



"Then at lunchtime I realised I forgot to pack my sandwich, so all my friends had to share their lunch with me."



"Wow, that is very generous of all your friends!"





"And finally, as I was walking home, I decided to fly my kite in the park but the wind blew it away into a tall tree."



"Oh son, I'm sorry your day hasn't been the best, but there's always something to be grateful for. Look on the bright side at all the good things that happened..."



"We live very close to school so you still made it there on time by walking."



"You had an umbrella which kept you dry and warm in the rain."



"You had Tilly the Turtle, Pam the Pig, Darrel the Duck, Samuel the Squirrel and Sally the Sheep to play with at school. "



"You had lots of other pens and pencils to use to complete your work"



"All your friends generously shared their lunch with you."





"And the lovely park ranger helped you get your kite down from the tree."

"And now you have a cozy bed to sleep in, parents to tuck you in and day to look forward to tomorrow."

"When you put it like that, I guess it wasn't such a bad day after all!"





The End.

